

# Facile Large-Scale Synthesis of Coniferyl, Sinapyl, and *p*-Coumaryl Alcohol

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Coniferyl, sinapyl, and *p*-coumaryl alcohols are rapidly and cleanly prepared by selective 1,2-reduction of the corresponding cinnamate esters using diisobutylaluminum hydride (DIBAL-H) in toluene as reducing agent.

## INTRODUCTION

Lignin biosynthesis is initiated by an enzyme-catalyzed phenol dehydrogenation of mixtures of *p*-hydroxy-*trans*-cinnamyl alcohol monomers, namely coniferyl (**2a**), sinapyl (**2b**), and *p*-coumaryl (**2c**) alcohols. A copolymerization follows during which resonance-stabilized phenoxy radicals produced from monomers and from the growing polymer couple in a variety of ways to build up the lignin macromolecule (Sarkanen, 1971; Harkin, 1967, 1973; Adler, 1977).

Lignin-like dehydrogenation polymers (DHPs) can be made *in vitro*, using mushroom laccase or horseradish peroxidase preparations (Freudenberg, 1956, 1968; Higuchi, 1971; Brunow and Wallin, 1981). Although synthetic dehydrogenative polymerization is a simplification of the lignification processes, it constitutes a unique tool to elucidate the lignin structural patterns and to study the possible chemical pathways followed during lignin biogenesis (Ralph et al., 1992; Higuchi, 1980) and degradation (Kirk et al., 1975; Kern et al., 1985; Faix et al., 1985; Kondo et al., 1990). However, such investigations have always been made difficult by the poor accessibility of the *p*-hydroxycinnamyl alcohols.

In the past, lithium aluminum hydride reduction of ethyl ferulate (**1a**) was the most commonly used synthetic route toward coniferyl alcohol (**2a**) (Allen and Byers, 1949; Freudenberg and Hübner, 1952; Freudenberg and Swaleh, 1969). Sodium bis(2-methoxyethyl)aluminum hydride was later used as reductant to obtain better 1,2-selectivity in the reduction of the conjugated ester **1a** (Minami et al., 1974; Kirk and Brunow, 1988). In both cases, varying amounts of saturated alcohol were observed due to competing 1,4- vs 1,2-attack by hydride. Newman et al. (1986) used the "ate" complex generated from diisobutylaluminum hydride and *n*-butyllithium (Kim and Ahn, 1984) to achieve the desired chemoselective reduction of **1a** in 64% yield. Over the years, different synthetic routes leading to *p*-hydroxycinnamyl alcohols have been reported, but all demand several steps and/or give only moderate overall yields (Nakamura and Higuchi, 1976; Steglich and Zechlin, 1978; Zanarotti, 1982). Finally, Rothen and Schlosser (1991) have synthesized coniferyl alcohol (**2a**) by metallation of eugenol with *n*-butyllithium/potassium *tert*-butoxide followed by dimethoxyborylation-oxidation in 81% yield, but the procedure is more demanding than are reduction methods.

We now report that simple DIBAL-H reduction of ethyl ferulate (**1a**) rapidly and cleanly affords coniferyl alcohol

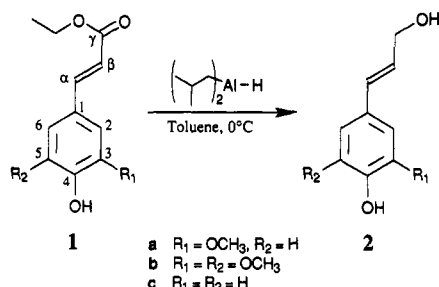
(**2a**) in good yield and allows large-scale preparation. The method works equally well for preparing sinapyl (**2b**) and *p*-coumaryl (**2c**) alcohols.

## EXPERIMENTAL PROCEDURES

Melting points are uncorrected. NMR spectra were run in acetone-*d*<sub>6</sub> on a Bruker AMX-360 instrument, operating at 360.13 MHz <sup>1</sup>H (90.55 MHz <sup>13</sup>C). The central solvent signal was used as internal reference (<sup>1</sup>H, 2.04 ppm; <sup>13</sup>C, 29.8 ppm). Unambiguous assignments were obtained from proton-detected C-H chemical shift correlation spectra run with Bruker's INVTCP pulse program (Bax and Subramanian, 1986). For coniferyl alcohol (**2a**), the oxygenated aromatic carbons C<sub>3</sub> and C<sub>4</sub> were unambiguously assigned from proton-detected long-range C-H chemical shift correlation spectra run with Bruker's INV4LPLRND pulse program (Bax and Summers, 1986).

**Coniferyl Alcohol (2a).** Ethyl ferulate (**1a**) was prepared from ferulic acid (Sigma) by stirring overnight with EtOH/HCl, produced by adding 10 mL of acetyl chloride to 100 mL of ethanol (Fieser and Fieser, 1967), and crystallized from ethyl acetate/petroleum ether. **1a** (2.13 g, 9.58 mmol) in toluene (100 mL, freshly distilled), under nitrogen, was cooled in an ice-water bath, and diisobutylaluminum hydride (Aldrich, 27 mL of 1.5 M solution, 40.5 mmol, 4.2 equiv) in toluene was slowly added via syringe over ca. 10 min. After addition was complete, stirring was continued for ca. 1 h. The reaction mixture was then carefully quenched with ethanol (5–10 mL). The solvents were partially removed *in vacuo* at 40 °C. Water (50 mL) was added, and the aqueous layer, containing a gelatinous precipitate of aluminum salts, was extensively extracted with ethyl acetate (4 × 150 mL). The combined organic layers were dried over anhydrous sodium sulfate and evaporated to dryness *in vacuo* at 35 °C to give coniferyl alcohol (**2a**) generally as a white-pale yellow solid but sometimes as an oil (1.69 g, 98%). <sup>1</sup>H NMR of this crude **2a** showed only traces of 1,4-reduction products. Crystallization from dichloromethane/petroleum ether (bp 40–60 °C) gave **2a** as colorless plates (1.33 g, 77%): mp 77.9–78.6 °C (lit. 74–76 °C; Freudenberg and Hübner, 1952); <sup>1</sup>H NMR δ 3.78 (1 H, t, *J*<sub>OH-γ</sub> = 5.65 Hz, OH<sub>γ</sub>), 3.85 (3 H, s, OCH<sub>3</sub>), 4.18 (2 H, td, *J*<sub>γ-OH</sub> ≈ *J*<sub>γβ</sub> = 5.6 Hz, *J*<sub>γα</sub> = 1.5 Hz, H<sub>γβ</sub>), 6.22 (1 H, dt, *J*<sub>βα</sub> = 15.9 Hz, *J*<sub>βγ</sub> = 5.5 Hz, H<sub>β</sub>), 6.49 (1 H, dt, *J*<sub>αβ</sub> = 15.9 Hz, *J*<sub>αγ</sub> = 1.5 Hz, H<sub>α</sub>), 6.76\* (1 H, d, *J*<sub>δδ</sub> = 8.1 Hz, H<sub>δ</sub>), 6.84\* (1 H, dd, *J*<sub>δδ</sub> = 8.1 Hz, *J*<sub>δ2</sub> = 1.9 Hz, H<sub>δ</sub>), 7.04 (1 H, d, *J*<sub>δδ</sub> = 1.9 Hz, H<sub>2</sub>), 7.63 (1 H, s, Ar OH); <sup>13</sup>C NMR δ (see Table I). (\*ABq pattern, *J*<sub>AB</sub> = 8.10 Hz, Δ*v*<sub>AB</sub> = 31.88 Hz).

For large-scale preparation (10–20 g), the DIBAL-H solution in toluene was transferred to a dropping funnel via a double-tipped needle (Aldrich Technical Information Bulletin AL-134). Addition was accomplished dropwise over ca. 1 h. After quenching with ethanol, the precipitated aluminum salts were removed by filtration and thoroughly washed with ethyl acetate. The combined filtrate and washings were evaporated to dryness to



**Figure 1.** Reduction of ethyl cinnamates **1a–c** by DIBAL-H in toluene to give hydroxycinnamyl alcohols **2a–c**.

**Table I.**  $^{13}\text{C}$  NMR Shifts of *p*-Hydroxy-*trans*-cinnamyl Alcohols (Solvent: Acetone- $d_6$ )

|           | $\alpha$ | $\beta$ | $\gamma$ | OCH <sub>3</sub> | 1     | 2     | 3     | 4     | 5     | 6     |
|-----------|----------|---------|----------|------------------|-------|-------|-------|-------|-------|-------|
| <b>2a</b> | 130.4    | 128.0   | 63.4     | 56.1             | 130.2 | 109.9 | 148.4 | 147.1 | 115.7 | 120.6 |
| <b>2b</b> | 130.6    | 128.3   | 63.3     | 56.5             | 129.0 | 104.6 | 148.7 | 136.5 | 148.7 | 104.6 |
| <b>2c</b> | 130.1    | 127.7   | 63.4     |                  | 129.7 | 128.3 | 116.1 | 157.8 | 116.1 | 128.3 |

yield crude **2a**. Crystallization from methylene chloride/petroleum ether afforded pure **2a** in 65–70% yield.

**Sinapyl Alcohol (2b).** Ethyl sinapate (**1b**) was reduced as described for **1a** to yield crude sinapyl alcohol (**2b**) as an oil. Crystallization from methylene chloride/petroleum ether gave pure **2b** as white–yellow needles, in 70% yield: mp 66.5–67.3 °C (lit. 63–65 °C; Freudenberg and Dillenburg, 1951);  $^1\text{H}$  NMR  $\delta$  3.88 (1 H, t,  $J_{\text{OH}-\gamma} = 5.65$  Hz, OH $_{\gamma}$ ), 3.82 (6 H, s, OCH<sub>3</sub>), 4.20 (2 H, td,  $J_{\gamma-\text{OH}} \approx J_{\gamma\beta} = 5.6$  Hz,  $J_{\gamma\alpha} = 1.5$  Hz, H $_{\gamma\text{s}}$ ), 6.24 (1 H, dt,  $J_{\beta\alpha} = 15.8$  Hz,  $J_{\beta\gamma} = 5.5$  Hz, H $_{\beta}$ ), 6.48 (1 H, dt,  $J_{\alpha\beta} = 15.8$  Hz,  $J_{\alpha\gamma} = 1.5$  Hz, H $_{\alpha}$ ), 6.71 (2 H, s, H<sub>2</sub>/H<sub>6</sub>), 7.30 (1 H, s, Ar OH);  $^{13}\text{C}$  NMR  $\delta$  (see Table I).

***p*-Coumaryl Alcohol (2c).** Ethyl *p*-coumarate (**1c**) was reduced as described for **1a** to yield crude *p*-coumaryl alcohol (**2c**) as a white–pale yellow solid. Crystallization from acetone/petroleum ether gave pure **2c** as white fine crystals, in 92% yield: mp 89.3–90.5 °C;  $^1\text{H}$  NMR  $\delta$  3.85 (1 H, t,  $J_{\text{OH}-\gamma} = 5.65$  Hz, OH $_{\gamma}$ ), 4.19 (2 H, td,  $J_{\gamma-\text{OH}} \approx J_{\gamma\beta} = 5.6$  Hz,  $J_{\gamma\alpha} = 1.6$  Hz, H $_{\gamma\text{s}}$ ), 6.19 (1 H, dt,  $J_{\beta\alpha} = 15.9$  Hz,  $J_{\beta\gamma} = 5.6$  Hz, H $_{\beta}$ ), 6.50 (1 H, dt,  $J_{\alpha\beta} = 15.9$  Hz,  $J_{\alpha\gamma} = 1.6$  Hz, H $_{\alpha}$ ), 6.78 (2 H, m, H<sub>3</sub>/H<sub>5</sub>), 7.25 (2 H, m, H<sub>2</sub>/H<sub>6</sub>), 8.40 (1 H, s, Ar OH);  $^{13}\text{C}$  NMR  $\delta$  (see Table I).

## RESULTS AND DISCUSSION

Diisobutylaluminum hydride (DIBAL-H) is well-known as one of the most versatile reducing agents used in organic synthesis because of its ability to achieve stereo- and chemoselective reductions, particularly in the case of unsaturated carbonyl compounds (Winterfeldt, 1975). Thus, coniferyl (**2a**), sinapyl (**2b**), and *p*-coumaryl (**2c**) alcohols were obtained from their corresponding ethyl cinnamate derivatives (**1a–c**) via DIBAL-H reduction in toluene at 0 °C, in 77%, 70%, and 92% yield, respectively, as described under Experimental Procedures. The alcohols were characterized by  $^1\text{H}$  and  $^{13}\text{C}$  NMR spectroscopy (Table I; Experimental Procedures). Unambiguous spectral assignments were made using short- and long-range C–H chemical shift correlation experiments. We have concluded that the use of the “ate” complex from DIBAL-H and *n*-BuLi (Newman et al., 1986; Kim and Ahn, 1984) is unnecessary, since it affords no improvement in achieving 1,2-selectivity in these reductions. In addition, large-scale preparation can be easily accomplished with similar results by using a slightly modified procedure (see Experimental Procedures). Furthermore, the preparation of labeled *p*-hydroxycinnamyl alcohols is considerably easier than that by the Rothen and Schlosser method, since the ethyl cinnamate derivatives (**1a–c**) can be readily prepared with  $^{13}\text{C}$  (or  $^{14}\text{C}$ ) labeling at any side-chain position (Newman et al., 1986). Such specifically labeled

alcohols are of key importance in studies of lignin biosynthesis and biodegradation.

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**Registry No.** 1a, 4046-02-0; 1b, 41628-47-1; 1c, 2979-06-8; 2a, 458-35-5; 2b, 537-33-7; 2c, 3690-05-9; DIBAL-H, 1191-15-7; ferulic acid, 1135-24-6.